



We're doing a Food and Fund Drive!

When: _____

Where: _____

Run by: _____



To Benefit The FoodBank of Monmouth and Ocean Counties

www.foodbankmoc.org

Most needed items are:

Nonperishable:

Ready-to-eat canned meals
Canned Meat
Canned Tuna
Canned Fruits
Canned Vegetables
Instant Potatoes
Canned and Dry Soup
Peanut Butter
Jelly
Canned Pork and Beans
Canned Juices
Sip-size Juices
Hot and Cold Cereal
Nonperishable milk

**No Glass
Items Please!**

Perishable:

Frozen meat, poultry, hot dogs
Frozen turkeys

For every \$5 donated, the Foodbank can distribute \$30 worth of food for needy families.

Hunger Facts:

Did you know that...

- Over 127,000 people received emergency food in Monmouth and Ocean Counties in 2009.
- Two out of every five people who receive emergency food are children.
- Last year, the FoodBank provided almost 7 million pounds of food to people in need through over 200 pantries, soup kitchens and other food programs in our two counties.